

SAFETY PLAN

2025

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INTRODUCTION - WHY A SAFETY PLAN & ASAP

In 1995, Little League International introduced ASAP (A Safety Awareness Program), with the goal of reemphasizing the position of Safety Officer "to create awareness, through education and information, of the opportunities to provide a safer environment for kids and all participants of Little League Baseball". Since ASAP began in 1995, injuries in Little League have decreased by over 77% annually. In order to be an ASAP-compliant league, a Little League approved Safety Plan must be filed with Williamsport. Eastlake Little League is fully committed to being an ASAP Compliant League through the development and implementation of this Plan.

Eastlake Little League (ELL) Safety Plan

The goal of the Safety Plan is to develop guidelines for increasing the safety in the three key areas of Activities, Equipment, and Facilities. This is accomplished by applying the three principles of Education, Compliance and Reporting, to each of the three Key areas as detailed throughout this plan. To further support the achievement of this goal, Eastlake Little League also commits itself to providing the necessary organizational structure to develop, monitor, and enforce the aspects of this plan.

The Eastlake Little League Safety Plan, by reference, includes the 1- League Safety Code, 2- League Code of Conduct, and 3- League Safety Manual. The combination of these 3 documents contained herein outlines specific safety issues, along with Eastlake Little League's policies and procedures for each issue. All participants, volunteers, employees, spectators, and guests are bound by the guidelines set forth in these documents.

1- LEAGUE SAFETY CODE

The Eastlake Little League Board of Directors has adopted the Safety Code, and it is enforced by the League President, the Safety Officer (SO), the League's Vice Presidents, the Player Agents and the Chief Umpire. All league Officers, participants, and volunteers are required to abide by this code. It is the responsibility of the SO to make any revisions to the Safety Code from year to year as deemed necessary, and submit these for Board approval.

Eastlake Little League Safety Code

- Responsibility for Safety procedures rest with all adult members of Eastlake Little League.
- Arrangements should be made in advance of all games and practices for emergency medical services.
- Managers, coaches and umpires should have training in first aid. First-aid kits are issued to each team manager.
- No games or practices should be held when weather or field conditions are not good, particularly when lighting is inadequate.
- Play area should be inspected frequently for holes, damage, stones, glass and other foreign objects.
- Prior to the start of any game it will be the responsibility of the umpires, managers and coaches
 and field prep volunteers to inspect the field of play for safety related issues (see Playing Field
 Inspection section).
- All team equipment should be stored within the team dugout, or behind screens, and not within the area defined by the umpires as "in play".
- Only players, managers, coaches, and umpires are permitted on the playing field or in the dugout during games and practice sessions.
- Responsibility for keeping bats and loose equipment off the field of play shall be that of a player assigned for this purpose by the team's manager prior to each game, or by the team's manager and coaches themselves.

- Prior to any game or practice, procedures shall be established by the team's managers for retrieving foul balls batted out of the playing area.
- During practice and games, all players should be alert and watching the batter on each pitch.
- During warm-up drills players should be spaced so that no one is endangered by wild throws or missed catches.
- Equipment should be inspected regularly by the team's manager and coaches to ensure the
 equipment is in good/safe condition and is of proper fit for the players. Faulty, bad, or worn out
 equipment is unsafe, and must be removed from use immediately. All removed equipment must
 be returned to the Procurement Officer for disposal (see Equipment Inspection & Replacement
 Policy section).
- Batters must wear Little League approved protective helmets during batting practice and games.
- Catchers must wear catcher's helmet, mask, throat guard, long model chest protector, and shin guards during batting sessions. NO EXCEPTIONS.
- The Catcher must wear catcher's helmet and mask with a throat guard in warming up pitchers. This applies at all times during Games, practices, and between inning warm-ups. See section in Safety Plan on "Warming up Pitchers during Games" for additional information.
- Except when runner is returning to a base, headfirst slides are not permitted.
- All male players at AAA level or higher must wear protective cups with athletic supporters for all games and practices. Managers and Coaches are to ensure that players comply with this rule at all practices and games.
- During all practices and games, only Breakaway bases shall be used and the use of strapped down or anchored bases is not permitted. During sliding practices, consider using "throw down" bases in the outfield.
- At no time should "horse play" be permitted on the playing field.
- Parents of players who wear corrective eyeglasses are strongly encouraged to provide their player with sports specific "safety glasses".
- Players must not wear jewelry during games or practices. Jewelry includes, but is not limited to, rings, watches, earrings, bracelets, watches, nor any hard cosmetic/decorative items.
 EXCEPTION: Jewelry that alerts medical personnel to a specific condition is permissible.
- All infielders are encouraged to use helmets with face guards.
- No Manager, Coach, or other adult may warm up pitchers before or during a game.
- On-deck batters are not permitted.
- When using batting cages, only the player in the cage is allowed to hold and swing a bat. Players
 outside cages waiting to bat may not have bats in their hands. Managers and coaches are
 expected to enforce this rule. Failure to comply with this rule may result in loss of batting cage
 privileges for a team for the remainder of the season.
- All pre-game warm-ups must be performed within the confines of the playing field and not within areas that are frequented by spectators (i.e., playing catch, pepper, swinging bats, etc.).
- Managers and Coaches will not leave the field while players, without adult guardians, are present.

RULES VARIANCES FOR INTERMEDIATE LEVEL AND ABOVE:

For Intermediate 50/70 and higher levels of baseball the following variations to the above stated rules are in place:

- Catchers are allowed to wear short model chest protectors
- · Headfirst slides are permitted
- · On-deck batters are permitted

Note: All variances must be consistent with those in the Little League Official Regulations and Playing Rules (aka "The Golden Book") and will apply to Intermediate and above levels ONLY.

2 - LEAGUE CODE OF CONDUCT

The Eastlake Little League Board of Directors has adopted the Code of Conduct; all board members are responsible for the enforcement of this Code. All league officers, players, employees and volunteers are required to abide by this code. It is the job of the Safety Officer to author and/or make any revisions to this Code of Conduct from year to year, as necessary, and submit these for Board approval.

Eastlake Little League Code of Conduct

- Speed Limit 5 mph in roadways and parking lots while attending any Eastlake Little League function. Watch for small children around parked cars.
- No Alcohol allowed in any parking lot, field, or common areas within any Eastlake Little League complex.
- No Playing in parking lots at any time.
- No Playing on and around lawn equipment.
- Use Crosswalks when crossing roadways. Always be alert for traffic.
- No Profanity.
- No Swinging Bats at any time within the walkways and common areas of an Eastlake Little League complex, or any facility used by Eastlake Little League.
- No throwing balls against dugouts or against backstop. Catchers (in full protective gear) must be used for all batting practice sessions.
- All gates to the field must remain closed at all times. After players have entered or left the playing field, all gates should be closed and secured.
- No throwing baseballs at any time within the walkways and common areas of an Eastlake Little League complex.
- No throwing rocks.
- No horseplay in walkways at any time.
- No climbing fences.
- Only a player on the field and at bat, or supervised by a Manager or Coach in a batting cage, or
 participating in hitting drills and instruction with a Manager or Coach may swing a bat. Be Alert of
 area around you when swinging bat while in the on deck position.
- Observe all posted signs. Players and spectators are to be Alert at all times for Foul Balls and Errant Throws.
- During games, players must remain in the dugout in an orderly fashion at all times.
- After each game, each team must clean up trash in dugouts and around stands.

Failure to comply with this Code of Conduct may result in expulsion from the complex.

3 - LEAGUE SAFETY MANUAL

ELL SAFETY OFFICER

The Eastlake Little League Board of Directors includes a position of Safety Officer (SO). The SO for the current year is:

Laka Muralidharan

The Safety Officer's responsibilities include the following:

League's primary point of contact for all safety issues

Creation, modification, and enactment of an annual Safety Plan

League compliance with the Eastlake Safety Plan

Completes the Annual League Facility Survey

Conducts background checks using Little League-approved Services, and/or with the appropriate government entities.

The annual Safety Plan (the "Plan") is presented to the Board for approval and ratification for the current season. Once ratified, the Plan will be published and distributed to Board Members, Managers, Coaches, and Umpires. It will also be posted on the ELL website for all participants of ELL to view and reference.

The ultimate responsibility for ensuring compliance to the Safety Plan lies with the SO. However, due to the size of Eastlake Little League, to help ensure compliance and enforcement of the plan, the following Board Members as well as the SO, are also tasked with ensuring overall Safety Plan compliance, with respect to the level-of-play specified below:

Justin Stiles, President – All Levels

N/A, Vice President of Big Diamond Baseball

Danny Richards, Vice President of Competitive Baseball

Lori Stock, Vice President of Softball

Tracy Milletello, Vice President of Instructional Baseball

David Tompkins, Chief Umpire - Baseball, All Levels

Adam Emiliusen, Field Operations

EMERGENCY & KEY CONTACT INFORMATION

Emergency Phone Numbers

Police Department	Phone Number
Sammamish Police, Fire & Rescue Emergency #	911
Sammamish Police Non-Emergency #:	(425) 836-5674
King County Police, Fire & Rescue Emergency #:	911
King County Police Non-Emergency #:	(206) 296-3311

Safety Officer Contact Information

Laka Muralidharan - ELL SO				
Phone Numbers				
Cell 859-489*0780				
Home				
email 1 safety@eastlakell.org				
email 2				

Additional Key ELL Board Member Contact Information

Name	Position	Phone #	email
Justin Stiles	President	206-280-1684 (cell)	president@eastlakell.org
N/A	Vice President, Big Diamond Baseball	(cell)	vp-juniors@eastlakell.org
Danny Richards	VP Competitive Baseball	206-280-1684 (cell)	vp-baseball@eastlakell.org
Lori Stock	VP Softball	425-269-4348	vp-softball@eastlakell.org
Tracy Miletello	VP Instructional Baseball	508-932-7255	vp-instructional@eastlakell.org
David Tompkins	Chief Umpire	425-442-6567	chief-umpire@eastlakell.org
Patrick Barbeau	Chief Umpire - Softball	425-495-9405 (cell)	chief-umpire-softball@eastlakell.org
Tracy Militello	Player Agent Baseball	508-932-7255	playeragent-baseball@eastlakell.org
Tracy Militello	Player Agent Instructional Baseball	508-932-7255	playeragent-instructional@eastlakell.org
Dax Woolston	Player Agent Softball	425-864-1537	Playeragent-softball@eastlakell.org
Kyle Walker	Coaching Coordinator	503-510-7083 (cell)	coaching-coordinator@eastlakell.org
Adam Emiliusen	Field Operations	425-330-2269 (cell)	fields@eastlakell.org

BACKGROUND CHECKS

All Board Members, Managers, Coaches, Umpires and other individuals expected to work with youth (hereby referred to as League Volunteers) are required to submit a current year Little League Volunteer Application & Background Check Form (see Appendix for copy of current year Form). In addition, unless otherwise specified, League Volunteers must submit a government issued photo identification card (i.e. drivers License, etc.) to aid in ID verification. These items must be re-submitted each current year. Prior year records cannot be used in subsequent years.

It is the responsibility of the Safety Officer to ensure background checks are run each year for all League Volunteers using a Little League-recommended service.

A file of submitted Official Little League Volunteer Applications will be established by the Safety Officer; this file will be transferred to and maintained by the League President, to be retained on file for one year,

after which it will be destroyed. All other submitted materials will be safely destroyed (e.g. shredded) by the Safety Officer once the background check process has been completed. The Safety Officer will maintain a simple list of approved league volunteers for the current playing year, comprised of names, phone #, and background check status, to be referred to for any in-season questions regarding volunteer approval status.

Any person who refuses to submit a COMPLETE volunteer application including **Social Security #**, **photo ID and Signature** is not allowed to join, participate, or associate with ELL players or youth in any way.

TRAINING - FUNDAMENTALS & SAFETY

Eastlake Little League provides a variety of training opportunities for managers, coaches, umpires, and others. All managers are required to attend annual Safety Training (see Appendix C for Attendance Record Form), covering major safety topics and first aid basics, as well as Fundamental Skills Training. Safety is emphasized at all skills training sessions.

Each team is required to send one participant to Fundamental Skills Training annually, and all Managers and Coaches are required to attend training at least once every three years. For the 2022 Season, Fundamental Skills Training sessions are scheduled to occur January 22, in Bellevue, Washington. Attendance will be taken to ensure each team is properly represented.

Each team is required to send one participant to Safety Training and First Aid Basics annually, and all Managers and Coaches are required to attend training at least once every three years. For the 2022 Season, Safety Training and First Aid Basics will be covered as part of the required Managers Meeting, currently scheduled to occur February 13. First Aid Kits will be distributed to all teams during this session and Attendance will be taken to ensure each team is properly represented.

As of the publication of this Safety Plan, anticipated training opportunities for the season are as follows:

- 1) Softball Pitching Clinic
- 2) District 9 Umpire Clinics
- 3) ELL Umpire Clinic, Rules
- 4) ELL Umpire Clinic. Field Mechanics
- 5) ELL Umpire Clinics, Plate Mechanics
- 6) ELL Umpire Clinics, Refresher for Returners

New training opportunities for skills and Safety/First Aid are added regularly throughout season. Please visit the ELL website calendar for the latest updates on these and additional Training opportunities.

PLAYING FIELD INSPECTION

ELL places a high priority on well maintained, safe playing facilities. The ELL board includes the position of Field Operations Coordinator (Field Ops). Prior to the start of each season, it is the responsibility of Field Operations to determine what repair and improvement work needs to be done to each playing facility.

Before play begins at any facility for the season, Eastlake Little League holds a volunteer "Field Day" for performing most of the needed facility repair and improvement work. These volunteers are made up of ELL Parents, Managers, Coaches, Board Members and Players. In addition to volunteer Field Day work, Professional Field Maintenance companies are be used when required as determined by the by the Field Ops Coordinator and the ELL Board.

Field inspection and maintenance is not a once per year effort. Prior to each game and practice, it is the responsibility of the Managers, Coaches, Umpires and parent field prep volunteers to walk the fields looking for potential hazards and safety problems.

These problems can include (but are not limited to):

- holes or large depressions in the field;
- rocks, glass or other foreign objects on the field;
- and infields or outfields to wet to safely play on.

Anything presenting a safety problem must be fixed immediately before play begins. Potential problems presenting a long-term fix can be reported to the ELL Safety Officer and/or Field Ops Coordinator in one or preferably both of the following two ways;

- 1- Via email or phone call to the Fields Ops Coordinator and/or the Safety Officer
- 2- Via the "Facility Repair & Safety Issue Reporting Form" as found in the Appendix or the ELL website under Safety. These forms should be turned into the Safety Officer or Field Operations when completed. This officially documents the issue to help ensure it is addressed and fixed.

Any field with a significant safety issue that puts participants at risk, and which cannot be immediately fixed or resolved during the game or practice Inspections, must not be used. The game or practice must be rescheduled.

ANNUAL FACILITY SURVEY

It is the responsibility of the ELL Safety Officer to complete the Annual Little League Facility Survey for all fields to be used for both games and practices by ELL in the current season. A copy of this survey is filed on-line through the cooperative site between Musco Lighting and Little League International at http://facilitysurvey.musco.com. A copy of the completed annual survey is also contained in the Appendix, along with photographs of the subject facilities.

CONCESSION STANDS

ELL does not have any plans to operate concession stands at any of the fields scheduled for play in the current season. Any league volunteer wishing to operate a concession stand on behalf of the league must complete the following steps.

- 1) Obtain signature permission from the League President
- 2) Notify the league Safety Officer in writing or by email, and obtain acknowledgement of such notification.
- 3) Ensure concession stands are allowed and obtain written authorization from the Lake Washington School District (LWSD) if the stand is to operate at a LWSD owned facility, or the City of Sammamish if the stand is to operate at a City owned facility.
- 4) Obtain all required King County Department of Public Health (KCDPH) food service permits and follow all KCDPH food service safety requirements. See Appendix K for a sample of KCDPH permit and safety requirements.

EQUIPMENT INSPECTION & REPLACEMENT POLICY

The ELL Board includes the positions of Procurement Officer – Baseball, and Procurement Officer-Softball. These two positions in addition to the Safety Officer are responsible for the annual inventory and inspection of all issued ELL equipment prior to the start of each season. Any missing safety equipment or devices, or any equipment determined to be damaged or worn out and thus unfit for safe use, is to be replaced by the Procurement Officers. Damaged and/or worn out equipment that represents a potential safety risk should be rendered "unusable" to prevent accidental use, and must not be issued to any team or individual.

Any equipment when first issued to the team must be further inspected by the team manager and/or coaches prior to use. Any item felt to be unfit for use or potentially unsafe should be immediately returned to the Procurement Officer for replacement.

It is also the team Manager and Coaches responsibility to monitor their team's equipment throughout the season, before each game or practice, whether issued by ELL or supplied by the player, to ensure it is fit for use and meets Little league requirements. Any equipment determined to be unsafe or not in compliance with Little League rules and guidelines, must be removed from service. If ELL issued equipment, it must be returned to the Procurement Officer for replacement.

In addition, prior to each game, ELL umpires shall inspect both teams equipment to ensure it meets Little League regulations and is safe for use. This includes ELL or player-supplied equipment. This inspection is to include bats, batting Helmets, and all catchers safety gear. Catchers mask must include a free hanging throat guard. Any equipment not meeting Little League standards or that in the opinion of the umpire is otherwise unfit or unsafe to use, shall not be used by any player in the game.

Note:, In an effort to reduce the risk of some of the more common player injuries, anchored or permanently fixed base use is no longer allowed (as of 2008). This is a Little League rule, not an ELL local rule. For all games and all practices, only break-away or throw-down bases must be used. All ELL facilities have been updated to use break away bases. For big diamond (Intermediate, Juniors, Seniors or Big League) home and away games OR if a manager or coach independently schedules a team practice or game at a non-ELL facility, they must ensure that only break-away or "throw-down" bases are used prior to the start of the practice or game.

FIRST-AID KITS

Issued with all team equipment is a fully stocked and/or brand new First-Aid kit. This First-Aid kit is required to be brought to all team practices and games.

In addition to the team-issued Fist-Aid kits, ELL maintains the following at all tool/equipment sheds at each ELL field:

- 1. Extra First Aid Kits;
- 2. Save-a-Tooth dental preservation kits (for knocked out teeth);
- 3. Boxes of ice packs.

These shed items are monitored regularly throughout the season by the Safety Officer to ensure adequate supply. Team managers and coaches are free to re-supply their team issued First-aid kits from these Shed supplies at any time. Please inform the Safety Officer or Procurement Officer right away if it is noticed that any of these Shed First Aid Supplies are running low or are missing.

AUTOMATED EXTERNAL DEFIBRILLATORS

ELL has purchased two Automated External Defibrillator (AED) units, to be used in case of cardiac arrest by an ELL Participant or Spectator, stabilizing the victim while emergency services (Police/Fire/Ambulance) are still in-transit. These easy-to-use units come with straight-forward voice prompts to direct the application of the pads, and will automatically provide electric stimulus to restore & stabilize the heartbeat of an individual experiencing cardiac arrest.

These units will be on-site in a centrally located equipment shed at the following field complexes:

- 1. Softball Fields at Eastlake High School
- 2. Competitive Baseball Fields at East Sammamish Park

Signage will be posted at each field within these complexes directing to the specific AED.

INJURY REPORTING PROCEDURES

All managers, coaches, parents, umpires, and volunteers must use the following reporting procedures in response to injuries.

WHAT TO REPORT

An incident or injury that causes any player, manager, coach, umpire, volunteer or spectator to receive medical treatment and/or first aid, must be reported to the Safety Officer (SO) within 48 hrs. The terms "medical treatment and/or first aid" should include even passive treatments such as the evaluation and diagnosis of the extent of the injury. Any incident that (a) causes a player to miss any practice or game time; or (b) any event that has the potential to require medical assistance must be reported promptly. If in doubt whether or not an injury should be reported – Report It.

WHEN TO REPORT

All such incidents described above must be reported to the Safety Officer *within 48 hours* of the incident (see prior Emergency & Key Contact Information Section). If for any reason the SO cannot be reached within this time period, the injury must be reported to one of the listed Board Members, starting with the ELL President (see prior Emergency & Key Contact Information Section).

HOW TO MAKE THE REPORT

Reporting incidents can come in a variety of forms. Most typically, they are telephone conversations *or email*. If email notification is used, and no reply email or phone call from the SO is received within 24 hours, it must be assumed that the injury report was not received and thus not officially reported. Follow up with a phone call to the SO or other listed Key Board members. At a minimum, the following information must be provided:

- The name and phone number of the individual involved (or of their parents)
- The date, time, and location of the incident
- As detailed a description of the incident as possible
- The preliminary estimation of the extent of any injuries
- The name and phone number of the individual reporting the incident.

Please see a copy of the Little League "Incident/Injury Tracking Report" form contained in the Appendix

SAFETY OFFICER RESPONSIBILITIES

The SO will receive this injury report and will enter it into the league's safety injury file. Within 48 hours of receiving the incident report, the SO will contact the injured party or the party's parents and

- (1) Verify the information received;
- (2) Obtain any other information deemed necessary;
- (3) Check on the status of the injured party; and
- (4) In the event that the injured party required other medical treatment (i.e., Emergency Room visit, doctor's visit, etc.) will advise the parent or guardian of the Little League insurance coverage and the provisions for submitting any claims for reimbursement. If the extent of the injuries is more than minor in nature, the SO shall periodically call the injured party to:
 - a. Check on the status of any injuries, and
 - b. To check if any other assistance is necessary in areas such as submission of insurance forms, etc. until such time as the incident is considered "closed" (i.e., no further claims are expected and/or the individual is participating in the league again).

Please see Appendix for copies of:

General Liability Claim Form

Accident Notification Form (AIG)

AIG Insurance Claim Form Instructions

What Parent Should Know About Little League Insurance

GENERAL HEALTH

PHYSICAL EXAMS

With regard to the general health of its participants, Eastlake Little League includes the following wording in its Registration Information:

"While physical exams are not required by league policy, Little League strongly recommends that participants be in good general health. If your child has a physical impairment that the league should be aware of, PLEASE note the information on the registration form, and contact your leagues' Player Agent. Items such as allergies, eye problems, diabetes, etc., will be kept confidential, except that your child's manager and coach will be aware of any potential problem."

MEDICAL APPROVAL AND RELEASE

Two Forms, the "ELL Liability Release & Medical Aid Consent Form" and the "Concussion Information & Consent Form" (Appendix L), must be executed by a parent or legal guardian of each player on a team. See page 14 for more information on this form, concussions, and State law play requirements.

The Liability Release & Medical Aid Consent Form is completed by Parents or Legal Guardians of all team players during the League Registration process; electronic copies of these executed documents are retained within the league registration system. It is the Safety Officers responsibility to ensure the league registration system does not allow player registrations to be completed without execution of these forms.

For players with special medical conditions or serious allergies, ELL strongly recommends the use of the "Little League Baseball & Softball Medical Release Form" found in the Appendix A. This form has provisions for detailing such conditions and allergies, and how to treat them. It is the responsibility of team Managers to use this form for all such applicable players. A completed copy must be sent to the League Safety Officer, and the original completed copy should be brought to every team game and practice by the manager.

These Forms are very important. Without them, professional emergency first aid may not be able to be administered to an injured player.

ELL strongly recommends laminating completed forms, or placing them in a heavy duty zip lock bag, and keeping them with the ELL issued team equipment and/or First Aid Kit. This will ensure that these forms are present at all team games and practices, even if the team Manager is not.

COMMUNICABLE DISEASE PROCEDURES

While the risk of one participant infecting another with a blood or bodily fluid born communicable disease (i.e. HIV) during league activities is extremely small, there is a remote risk this could happen. Therefore, procedures for reducing the potential for transmission of infectious agents should include, but not be limited to, the following:

- Bleeding must be stopped, the open wound covered and if there is any excess amount of blood on the uniform, it must be changed before an athlete may participate.
- Routine use of Latex or similar gloves or other precautions to prevent skin and mucous membrane exposure when contact with blood or other body fluids is anticipated.
- Immediately wash hands and other skin surfaces if contaminated (in contact) with blood or other body fluids. Wash hands immediately after removing gloves.
- Clean all blood-contaminated surfaces and equipment with a solution made from a proper dilution of household bleach or other disinfectant before competition resumes.
- Practice proper disposal procedures to prevent injuries caused by needles and other sharp instruments or devices.
- Although saliva has not been implicated in HIV transmission, to minimize the need for emergency
 mouth-to-mouth resuscitation, mouthpieces, resuscitation bags, or other ventilation devices
 should be available for use.
- Managers, coaches, umpires, and volunteers with bleeding or oozing skin should refrain from all direct team athletic activities until condition is resolved.
- Contaminated towels should be disposed of or disinfected properly.
- Follow acceptable guidelines in the immediate control of bleeding and when handling blood contaminated dressings or other articles containing body fluids.

LIGHTNING EVACUATION PROCEDURES

During practices, games, or other ELL official activities, the team manager is ultimately responsible for player safety whether or not the manager is present at the activity. Therefore, team managers must ensure all assistant coaches are adequately trained and fully understand all ELL safety procedures, including the Lightning Evacuation Procedure.

Failure to adhere to the lightning criteria, or fully executing the lightning evacuation plan, will result in the dismissal of the manager for the remainder of the season.

Lightning Evacuation Criteria:

If <u>any</u> of the criteria is present, lightning evacuation procedures must be executed immediately.

- 1. If the sound of thunder is audible at all, or
- 2. Lightning is visible and moving in the direction of the field.

Lightning Evacuation Action Plan

In the event either criteria is present, the following steps must be executed:

- 1. Stop play immediately.
- 2. Stay away from fences and dugouts
- 3. All players and adults must evacuate the field and take cover within a vehicle or completely enclosed building
- 4. Stay protected until instructed by the manager, or his delegate.
- 5. Play may not resume until a minimum of 30 minutes passed since the last audible sound of thunder occurred

SOME IMPORTANT DO'S AND DON'TS

DO

- Reassure and aid children who are injured, frightened, or lost
- Provide, or assist in obtaining, medical attention for those who require it.
- Know your limitations.
- Carry your first-aid kit to all games and practices
- Keep your "Prevention and Emergency Management of Little League Baseball and Softball Injuries" booklet with your first-aid kit.
- Assist those who require medical attention and when administering aid, remember to ...
 - LOOK for signs of injury (blood, black-and-blue deformity of joint etc.).
 - LISTEN to the injured describe what happened and what hurts if conscious. Before questioning, you may have to calm and soothe an excited child.
 - FEEL gently and carefully the injured area for signs of swelling, or grating of broken bone.
- Have your players' Medical Clearance Forms with you at all games and practices.
- Make arrangements to have a cellular phone available when your game or practice is at a facility that does not have any public phones.

DON'T

- Administer any medications not detailed/authorized on the Little League Medical Release Form
- Move an injured person who you suspect has a severe back, neck or head injury. You must keep
 the injured person still and wait for Professional Emergency Medical personnel to arrive and
 administer aid.
- Provide any food or beverages (other than water)
- Hesitate in giving aid when needed
- Be afraid to ask for help if you're not sure of the proper procedures (i.e., CPR, etc.)
- Transport injured individuals except in extreme emergencies
- Leave an unattended child at a practice or game
- Hesitate to report any present or potential safety hazard to the Safety Officer immediately.

STORAGE SHED PROCEDURES

The following applies to all of the storage sheds used by the League and applies to anyone who has been issued a key or combination by The League to use those sheds. All individuals with access to the League

equipment sheds (i.e., Managers, Umpires, etc.) must be aware of their responsibilities for the *orderly and* safe storage of rakes, shovels, bases, First Aid Supplies, etc.

Before using any machinery located in the shed (i.e., lawn mowers, weed whackers, lights, scoreboards, public address systems, etc.) please obtain and review the written operating procedures for that equipment. Think Safety First when operating any equipment. If unsure how to operate a piece of equipment, *play it safe*. Contact Field Operations for training before operating. NOTE: Never allow a rider (other than driver) on the lawn tractor (Gator) or other riding lawn mowers. Never allow any person to ride on equipment (i.e. infield drags) towed by tractors or mowers.

All chemicals or organic materials stored in the League sheds must be properly marked and labeled as to its contents. All chemicals or organic materials (i.e., lime, fertilizer, etc.) stored within these equipment sheds will be separated from the areas used to store machinery and gardening equipment (i.e., rakes, shovels, etc.) to minimize the risk of puncturing storage containers. Any witnessed "loose" chemicals or organic materials within these sheds should be cleaned up and disposed of as soon possible to prevent accidental environmental contamination or poisoning. Remember to help keep a safe playing environment for all the young athletes and other children using the ballparks.

BOARD MEETINGS

The ELL Board meets a minimum of once every month. The date and times of Board meetings are published in the league's registration booklet and/or on the ELL Website. All parents, league officials, managers & coaches and other volunteers are welcome and encouraged to attend.

The Safety Officer (SO) is included on every meeting's agenda. This is to provide an opportunity for the SO to status other Board members on specific safety issues and initiatives (whether they be at the Local, District, or Headquarters level), and to ensure the continued awareness and attention to the subject of safety within Eastlake Little League at the highest level.

SAFETY COMMITTEE

Each year, Eastlake Little League establishes a formal Safety Committee. This committee has the primary responsibility to consider, discuss, and recommend courses of action regarding any safety issues that may present themselves to the League.

The Safety Committee for 2025 consists of:

LAKA MURALIDHARAN Safety Officer

Justin Stiles President

N/A Vice President Big Diamond Baseball
Danny Richards Vice President Competitive Baseball

Lori Stock Vice President of Softball

Tracy Militello Vice President of Instructional Baseball

David Tompkins Chief Umpire
Adam Emiliusen Field Operations

Rules Committee

Each year ELL shall form a Rules Committee. This committee will consist of the League President, and one of more of the following: Chief Umpire, Safety Officer, VP's of Baseball, Softball & Instructional, Chief Umpire, and/or additional Board Member volunteers. This committee is responsible for drafting any proposed new or modified Local Rules for Eastlake Little League. Areas such as competitive balance, player participation, speed of play, and <u>safety</u> are discussed and reviewed. Any changes or additions are presented to the Board for discussion and ratification. Each and every year, this committee evaluates

existing Local Rules and considers any necessary changes and/or additions to these rules, consistent with Little League requirements, recommendations and/or precedents.

For 2025, the Rules Committee is made up of the following individuals:

Justin Stiles President

N/A Vice President Big Diamond Baseball
Danny Richards Vice President Competitive Baseball

Lori Stock Vice President of Softball,
Dax Woolston Player Agent Softball
Tracy Militello Player Agent Baseball

Tracy Militello Player Agent Instructional Baseball

David Tompkins Chief Umpire - Baseball

Laka Muralidharan Safety Officer

SOME IMPORTANT REMINDERS FOR MANAGERS & COACHES

- Eastlake Little League goes to great lengths to provide as much training and instruction as possible. Attend as many of the clinics and training opportunities as possible.
- Check your email regularly for league updates, memorandum, and special notices.
- Check the Eastlake Little League website frequently. It is a valuable resource for information. A complete league calendar detailing all events can be found there.
- Remember, safety is everyone's job. Prevention is the key to reducing accidents to a minimum.
- Report all hazardous conditions to the Safety Officer, Field Operations or other board member immediately.
- Do not play on a field that is unsafe, or when unsafe conditions prevail (lightning, inadequate lighting).
- Do not play with unsafe equipment. Be sure your players are fully and properly equipped at all times, especially catchers and batters. And, check your team's equipment often to ensure it is safe to use (undamaged, good condition).

WARMING UP PITCHERS DURING GAMES

At any playing field where the bullpens are inside the field perimeter fence, or where no designated bullpens exist but the warming up of pitchers shall take place inside the field fence, the following safety practices apply.

- 1) 3 players are required; the Pitcher, a Catcher and a Spotter. The Catcher must wear catcher's helmet with face guard and throat guard and use a catcher's mitt. The Spotter must wear a batting helmet and use a fielding glove. NOTE: Adults are prohibited from warming up a Pitcher per Little League rules, but an adult/coach should be present to supervise. An adult coach may NOT act as a Spotter.
- 2) It is the job of the Spotter to protect the Pitcher and Catcher from foul balls during a game. Therefore spotter must face the game action, and stand behind the pitcher (catcher if catcher is closest to game action), between the pitcher and game home plate.

- 3) If the field of play must be entered to reach the bullpen area, or to return to the dugout from the bullpen area, request "TIME" from the umpire, and only proceed once TIME has been called by the umpire.
- 4) For fields with no physical bullpens (i.e. Blackwell, IJH)
 - a. An adult/coach <u>must</u> escort the 3 players to and from the area to be used as a bullpen, and remain in the bullpen area to supervise the warm-up and ensure safety is maintained.
 - b. Thrown down home plate and pitcher rubber should be used from the supplied team equipment. These must be placed well into the Out-of-Play area on the team's dugout side, beyond the imaginary line formed by the dugout fence-line extended, and beyond the normal playing location of the Left or Right Outfielder.
 - c. The catcher is to be the farthest player from the game action, to help prevent overthrows from contacting spectators.
- 5) Any time a warm-up ball is accidently thrown into the field of play, a "TIME" request should be made to the umpire and/or the umpire must call "TIME" before the errant ball is retrieved. The warm-up players or supervising adult/coach should never enter the field of play without "TIME" being called by the Umpire.

CONCUSSION (LYSTEDT) LAW INFORMATION

In 2009, Washington State enacted the nation's toughest return-to-play law, for youth athletes suspected of sustaining a concussion. The new "Zackery Lystedt Law", prohibits youth athletes who have incurred a concussion, or are suspected of sustaining a concussion, from returning to play without a licensed health-care provider's approval.

The new law requires that:

- 1. An informed consent must be signed by parents and youth athletes acknowledging the risk of head injury prior to the commencement of practice or competition.
- 2. A youth athlete who is suspected of sustaining a concussion or head injury must be removed from play "when in doubt, sit them out".
- 3. A youth athlete who has been removed from play must receive written clearance from a licensed health care provider prior to returning to play.
- 4. Private, nonprofit youth sports associations wanting to use publicly owned playfields must comply with this law.

According to the Centers for Disease Control and Prevention (CDC), an estimated 300,000 sports and recreation related head injuries of mild to moderate severity occur in the United States each year. Most can be classified as concussions. Traumatic brain injuries are one of the leading causes of permanent disability and death in youth athletics. A repeat concussion that occurs before the brain recovers from the first, usually within a short period of time (hours, days, or weeks), can result in brain swelling, permanent brain damage, and even death. This condition is called second impact syndrome.

Concussion Information:

A concussion is a brain injury and all brain injuries are serious. They are caused by a bump, blow, or jolt to the head, or by a blow to another part of the body with the force transmitted to the head. They can range from mild to severe and can disrupt the way the brain normally works. Even though most concussions are mild, all concussions are potentially serious and may result in complications including prolonged brain damage and death if not recognized and managed properly. In other words, even a "ding" or a bump on the head can be serious. You can't see a concussion and most sports concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or days to fully appear. If your child reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, seek medical attention right away.

Concussion Symptoms – May include one or more of the following

Headaches	Amnesia
"Pressure in head"	"Don't feel right"

- Nausea or vomiting
- Neck pain
- Balance problems or dizziness
- Blurred, double, or fuzzy vision
- · Sensitivity to light or noise
- Feeling sluggish or slowed down
- Feeling foggy or groggy
- Drowsiness
- Change in sleep patterns

- Fatigue or low energy
- Sadness
- Nervousness or anxiety
- Irritability
- More emotional
- Confusion
- Concentration or memory problems (forgetting game plays)
- Repeating the same question/comment

Signs of a Concussion - Observed by coaches, teammates, umpires or parents

- Appears dazed
- Vacant facial expression
- Confused about assignment
- Forgets plays
- · Is unsure of game, score, or opponent
- Moves clumsily or displays lack of coordination
- Answers questions slowly
- · Slurred speech
- · Shows behavior or personality changes
- Can't recall events prior to hit
- · Can't recall events after hit
- Seizures or convulsions
- · Any change in typical behavior or personality
- Loses consciousness

What can happen if my child keeps on playing with a concussion or returns to soon?

Athletes with the signs and symptoms of concussion should be removed from play immediately. Continuing to play with the signs and symptoms of a concussion leaves the young athlete especially vulnerable to greater injury. There is an increased risk of significant damage from a concussion for a period of time after that concussion occurs, particularly if the athlete suffers another concussion before completely recovering from the first one. This can lead to prolonged recovery, or even to severe brain swelling (second impact syndrome) with devastating and even fatal consequences. It is well known that the adolescent or teenage athlete will often under report symptoms of injuries. And concussions are no different. As a result, education of administrators, coaches, parents, and teammates is the key for the youth athlete's safety.

If you think your child or player has suffered a concussion:

Any athlete even suspected of suffering a concussion should be removed from the game or practice immediately. No athlete may return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear, without medical clearance. Close observation of the athlete should continue for several hours.

The "Zackery Lystedt Law" requires the consistent and uniform implementation of long and well-established return to play concussion guidelines that have been recommended for several years:

"A youth athlete who is suspected of sustaining a concussion or head injury in a practice or game shall be removed from competition at that time" and

"...may not return to play until the athlete is evaluated by a licensed heath care provider trained in the evaluation and management of concussion and received written clearance to return to play from that health care provider".

You should also inform your child's coach if you think that your child may have a concussion. Remember its better to miss one game or practice than to miss a whole season. When in doubt, the athlete sits out.

If you have any questions on the above information or requirements, please contact the League Safety Officer for further information and explanation.

APPENDIX

Appendix A	Little League Baseball and Softball Medical Release
Appendix B	Little League Volunteer Application & Background Check Form
Appendix C	Manager Safety Training Attendance Record Form
Appendix D	Little League Accident Notification Form
Appendix E	General Liability Claim Form
Appendix F	Claim Form Instructions
Appendix G	Injury Tracking & Reporting Form
Appendix H	What Parents Should Know About Little League Insurance
Appendix I	Facility Repair & Safety Issue Reporting Form
Appendix J	Facility Survey & Facility Photographs
Appendix K	King County Dept. of Health Concession Stand Sample Requirements
Appendix L	Concussion Information & Consent Form



Littl League · Baseball and Softbl I M E D I C A L R E L E A S E



NOTE: To be carried by any Regular Season or Tournament Team Manager together with team roster or Internatioal Tournament affid vit.

Player:	Date	of Birth:	Gende	er (M/F):	
Parent (s)/Guardian Name:		Relatios hi p			
Parent (s)/Guardian Name:		Relatios hi p			
Player's Address:		_ City:	State,	/Country: Zip:	
Home Phone:	Work Phone:		Mobile Ph	one:	
PARENT OR LEGAL GUARDIAN A	UTHORIZATION:		Email:		
In case of emergency, if family phy Emergency Personnel. (i.e. EMT, Fi		· -	orize my child to	be treated by Certif d	
Family Physician:		F	Phone:		
Address:		_ City:	State	e/Country:	
Hospital Preference:					
Parent Insurance Co:	Policy N	0.:	Group	ID#:	
League Insurance Co:	Policy N	lo.:	Leagu	re/Group ID#:	
If parent(s)/legal guardian cannot	be reached in case of em	ergency, cont	act:		
Name		Phone	Re	elatios hi p t o Player	
Name		Phone	Re	elatios hi p t o Player	
Please list any allergies/medical pro	blems, including those requir	ing maintena n c	e medicatio. (i.e. [Dabe tic As thma, Seizure Disorder)	
Medical Diagnosis	Medicat	io	Dosage	Frequency of Dosage	
				<u> </u>	
Date of last Tetanus Toxoid Booster	r:				
The purpose of the above listed informatio	is t o ensure that medical personn	el have details of a	ny medical problem w	hich may interfere with or alter treatmen	
Mr./Mrs./MsAuthorized Pare	nt/Guardian Signature			Date:	
FOR LEAGUE USE ONLY:					
League Name:		Le	eague ID:		
Division:	Team:			Date: e	

WARNING: PROTECTIVE EQUIPMENT CANNOT PREVENT ALL INJURIES A PLAYER MIGHT RECEIVE WHILE PARTICIPATING IN BASEBALL/SOFTBALL.

Littl league doestrot bin t partid a tio in its activities in thebasis of disability , race, color, creed, national origing gender, sexual preference or religious preference.

Appendix B: Little League Volunteer Application & Background Check



Little League Volunteer Application - 2021



Do not use forms from past years. Use extra paper to complete if additional space is required.

This volunteer application should only be used if a league is manually entering or an outside background check provider that meets the standards of Little Leag THIS FORM SHOULD NOT BE COMPLETED IF A LEAGUE IS UTILIZING THE JDP QUETILIZING THE JDP	If yes, explain:	ed participation in any othe USA Baseball heligible List dyes to Question 7, the loca		
COMPLETE THIS APPLICATION.			In which of the following	would you like to participat
All RED fields are required.			League Official	Umpire
NameFint Middle Name or Initial Last	Date		☐ Coach	Field Maintenance
Address			Please list three references, youth program:	, at least one of which has k
City Zip			Name/Phone	
Social Security # (mandatory)			****	
Cell Phone Business Phone Home Phone: E-mail Address				
Pome Phone: E-mail Address Date of Birth				
Occupation				REQUIRES A SEPARATE BACKO R MORE INFORMATION ON
Employer				NTEERING, I give permission
Address				nue to be active with the organ thes which may result in a report
Special professional training, skills, hobbies:			background. Thereby release officers, employees and volunt	at, if appointed, my position is co and a gree to hold harmless from teers thereof, or any other perso
Community affiliations (Civbs, Service Organizations, etc.):				pointments, Little League is not ol ny term, I am subject to suspens naples.
Revious valunteer experience (induding baseball/softball and year).			Applicant Signature	
10				
Do you have children in the program? If yes, list full name and what level?	Yes	□No	Applicant Name (please p	orint or type)
2. Special Certification (CPR, Medical, etc.) # If yes, list:				and Little League Baseball, Inc. nattal status, gender, sexual or
	Yes			
Driver's License#: State				LOCAL LEA
 Have you ever been charged with, convicted of, plead no contest, or guilty to any crime minar, or of a sexual nature? 				impleted by league officer, ickground check (minimum
if yes, describe each in full:			Review the Little Lea	igue Regulation 1 (c)(9) for
If volunteer answered yes to Question 4, the local league must contact the Little Leagu	e Security A	Manager.)	☐ JDP (Includes re	eview of the SafeSport Cen
5. Have you ever been convicted of or plead no contest or guilty to any crime(s)#	Yes	□No		
If yes, describe each in full: [Answering yes to Question 5, does not automatically disqualify you as a volunteer.]				nal Database check
6. Do you have any criminal charges pending againsty ou regarding any crime(s)?		□ No	☐ National Sex C	
If yes, describe each in full. [Answering yes to Question 6, does not automatically disqualify you as a volunteer.]	- I ies		you should notify voluntee	you use DP and there is a name m is that they will receive a letter or jording oil the ariminal records assi
, , , , , , , , , , , , , , , , , , , ,			Only attach to this age	plication copies of backgrou

Disciplinary Database or US			ted on the SafeSport Centralized
			le League Security Manager.)
In which of the following wo	ould you like to participate	(Check one or more.)	
league Official	Umpire	☐ Manager	Concession Stand
☐ Coach	Field Maintenance	☐ Scorekeeper	Other
Please list three references, a youth program:	t least one of which has kn	owledge of your participa	tion as a volunteer in a
Name/Phone			

AS A CONDITION OF VOLUM me now and as long as I continu which contain name only searche history records. I understandflad, background. Thereby release an officers, employees and volumes had, regardless of previous appoint fit, prior to the expiration of my of Little League policies or princip Applicant Signature # Min or / Parent Signature Applicant Name please prin NOTE: The local Little League ar	TEERING, I give permission is to be active with the organiza swhich may result in a report to fappened my position is congress to had gree to had harmless from It in thereof, or any other person intents, Little League is not obtained, I am subject to suspensionless.	TATE LAWS, VISIT OUR WEEL or the Life League organizatio ation, which may include a ne- seing generated that may or m distand upon the league receiv distand upon the league, to or organization that may put goted to appoint me to a value in by the President and removal	Date
creed, calar, national oxigin, ma			
Background check com	LOCAL LEA	GUE USE ONLY:	on
System(s) used for back	ground check (minimum a ue Regulation 1 (c)(9) for	one must be checked):	
☐ JDP (Includes revi	ew of the SafeSport Centr	alized Disciplinary and US	SA Baseball Ineligible List)*
□ National Crimina □ National Sex Off		SafeSport Centralized D USA Baseball Ineligible	Disciplinary Database and/or List Sex Offender
you should notify volunteers containing information regan	that they will receive a letter or e ding all the ariminal records associated	mail directly from JDP in compli- iated with the name, which may r	one note is earches on he performed, once with the Fair Credit Reporting Act not nocessarily bethele agus volunteer, convictions of this application.

Last Updated: 10/28/2020

- All Volunteers are required to include a copy of a valid government ID (Driver's license, passport, etc.) and complete the form above.
- The form supports electronic signatures and can be complete and sent online without printing it.
- All volunteers are required to submit Social Security numbers with their application or their application will not be processed.
- Other missing data may delay processing of your application, so please be as complete as possible.

Appendix C: Manager Safety Training Attendance Record Form

Eastlake Little League Managers Safety Training Date _____

Print Name	Signature	Team	Leve
	Sec. of the second		
i			
-			
	7	7	

Appendix D: Little League Accident Notification Form

LITTLE LEAGUE BASEBALL AND SOFTBALL ACCIDENT NOTIFICATION FORM INSTRUCTIONS

Accident & Health (U.S.)

Send Completed Form To:
Little League, International
539 US Route 15 Hwy, PO Box 3485
Williamsport PA 17701-0485
Accident Claim Contact Numbers:
Phone: 570-327-1674 Fax: 570-326-9280

- This form must be completed by parents (if claimant is under 19 years of age) and a league official and forwarded to Little League
 Headquarters within 20 days after the accident. A photocopy of this form should be made and kept by the claimant/parent. Initial medical/
 dental treatment must be rendered within 30 days of the Little League accident.
- Itemized bills including description of service, date of service, procedure and diagnosis codes for medical services/supplies and/or other documentation related to claim for benefits are to be provided within 90 days after the accident date. In no event shall such proof be furnished later than 12 months from the date the medical expense was incurred.
- When other insurance is present, parents or claimant must forward copies of the Explanation of Benefits or Notice/Letter of Denial for each charge directly to Little League Headquarters, even if the charges do not exceed the deductible of the primary insurance program.
- 4. Policy provides benefits for eligible medical expenses incurred within 52 weeks of the accident, subject to Excess Coverage and Exclusion provisions of the plan.
- 5. Limited deferred medical/dental benefits may be available for necessary treatment incurred after 52 weeks. Refer to insurance brochure provided to the league president, or contact Little League Headquarters within the year of injury.
- 6. Accident Claim Form must be fully completed including Social Security Number (SSN) for processing.

League Name					League I.I	D.	
Name of Injured Person/Claimant	SSN	PART 1	Date of Birth	(MM/DD/YY)	Age I	Sex Female	□ Male
Name of Parent/Guardian, if Claimant is a Minor			Home Phon	e (Inc. Area Co	ode) Bus. Phor	ne (Inc. Area	
Address of Claimant		Add	ress of Parent/	Guardian, if dif	ferent		
The Little League Master Accident Policy provides per injury. "Other insurance programs" include fam employer for employees and family members. Plea	ily's persor	nal insurance	, student insura	nce through a	school or insur	rance through	
Does the insured Person/Parent/Guardian have ar	ny insuranc	-	Employer Plan Individual Plan		No School I No Dental I		□No □No
Date of Accident Time of Acciden		pe of Injury					
Describe exactly how accident happened, including	ng playing p	osition at the	time of accide	nt:			
	-7)	PLAYER MANAGER, C OLUNTEER PLAYER AGE OFFICIAL SC SAFETY OFF OLUNTEER	UMPIRE NT OREKEEPER ICER	☐ TRAVEL	E LED GAME D TO FROM MENT	SPECIAL E (NOT GAM SPECIAL C (Submit a c your approv Little Leagu Incorporate	ES) SAME(S) opy of val from le
I hereby certify that I have read the answers to all complete and correct as herein given. I understand that it is a crime for any person to inte submitting an application or filing a claim containin I hereby authorize any physician, hospital or other that has any records or knowledge of me, and/or the Little League and/or National Union Fire Insurance as effective and valid as the original.	entionally ang a false or medically refically refically refically refically refically refically refically refically refically and refically refically and re	ttempt to define the control of the	raud or knowing tatement(s). Se y, insurance con nt, or our healt	gly facilitate a see Remarks seempany or other	fraud against a ction on revers r organization, whenever requ	n insurer by e side of form institution or ested to do s	n. person o by
Date Claimant/Parent/Guardi	ian Signatu	re (In a two p	arent househo	ld, both parent	s must sign this	s form.)	70
Date Claimant/Parent/Guardi	ian Signatu	re					

For Residents of California:

Any person who knowingly presents a false or fraudulent claim for the payment of a loss is guilty of a crime and may be subject to fines and confinement in state prison.

For Residents of New York:

Any person who knowingly and with the intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information, or conceals for the purpose of misleading, information concerning any fact material thereto, commits a fraudulent insurance act, which is a crime, and shall also be subject to a civil penalty not to exceed five thousand dollars and the stated value of the claim for each such violation.

For Residents of Pennsylvania:

Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information or conceals for the purpose of misleading, information concerning any fact material thereto commits a fraudulent insurance act, which is a crime and subjects such person to criminal and civil penalties.

For Residents of All Other States:

Any person who knowingly presents a false or fraudulent claim for payment of a loss or benefit or knowingly presents false information in an application for insurance is guilty of a crime and may be subject to fines and confinement in prison.

	PART 2 - LEAGUE STATEMENT	T (Other than Parent or C	laimant)
Name of League		Person/Claimant	League I.D. Number
Name of League Official	,		Position in League
Address of League Official			Telephone Numbers (Inc. Area Codes) Residence: () Business: () Fax: ()
	f any known witnesses to the report		
	ite items below. At least one item in		ected.
POSITION WHEN INJURED 0 01 1ST 0 02 2ND 0 03 3RD 0 04 BATTER 0 05 BENCH 0 06 BULLPEN 0 07 CATCHER 0 08 COACHING BOX 1 10 DUGOUT 1 11 MANAGER 1 12 ON DECK 1 13 OUTFIELD 1 14 PITCHER 1 15 RUNNER 1 16 SCOREKEEPER 1 17 SHORTSTOP 1 18 TO/FROM GAME 1 19 UMPIRE 1 20 OTHER 1 21 UNKNOWN 1 22 WARMING UP	INJURY	PART OF BODY □ 01 ABDOMEN □ 02 ANKLE □ 03 ARM □ 04 BACK □ 05 CHEST □ 06 EAR □ 07 ELBOW □ 08 EYE □ 09 FACE □ 10 FATALITY □ 11 FOOT □ 12 HAND □ 13 HEAD □ 14 HIP □ 15 KNEE □ 16 LEG □ 17 LIPS □ 18 MOUTH □ 19 NECK □ 20 NOSE □ 21 SHOULDER □ 22 SIDE □ 23 TEETH □ 24 TESTICLE □ 25 WRIST □ 26 UNKNOWN □ 27 FINGER	CAUSE OF INJURY 0 1 BATTED BALL 0 22 BATTING 0 03 CATCHING 0 04 COLLIDING WITH FENCE 0 06 FALLING 0 07 HIT BY BAT 0 08 HORSEPLAY 0 10 PITCHED BALL 0 10 RUNNING 0 11 SHARP OBJECT 0 12 SLIDING 0 13 TAGGING 0 14 THROWING 0 15 THROWN BALL 0 16 OTHER 0 17 UNKNOWN
If YES, are they ☐Mandatory		■YES ■NO hat levels are they used?	•
I hereby certify that the above na time of the reported accident. I al best of my knowledge.	med claimant was injured while cov so certify that the information conta	vered by the Little League I nined in the Claimant's Noti	Baseball Accident Insurance Policy at the fication is true and correct as stated, to the
Date League	e Official Signature		

Appendix E: General Liability Claim Form

General Liability Claim Form

Send Completed form to: Little League Baseball and Softball 539 US Route 15 Hwy P.O. Box 3485 Williamsport, Pennsylvania 17701-0485 (570) 326-1921 Fax (570) 326-2951

574 90 E				(1	EXINGION USE ONLY)			
Telephone imme	diate notice to Little League® I	International		CN				
Insured	Name of League			League I.D. Number (Used as location code)				
	Name of League Official (please print)			Position in League				
	Address of League Official (Street, City, State, Zip)			Phone No. (Res.)				
			Phone No. (Bus.)					
Time and Place of	Date of Accident	Hour	□ AM	Accident occured at (Street, City, State, Zip)				
Accident	Arising out of Operations co	onducted at	1					
	Was Police Report made? If ☐ Yes	yes, where?	1					
Description of Accident	State cause and describe facts surrounding accident (Use reverse side if needed)							
	Who owns Premises			Person in charge of Premises				
Coverage	Limits	Mad Daw Name		Elevator:	Products:	Cont		
Data	BI/PD: Med. Pay: None Policy Number			Yes Policy Dates:	Yes	Yes		
	Toney Ivanious			Begin: End:				
	Is there any other insurance applicable to this risk? ☐ Yes ☐ No							
Property	Name of Owner			Description of Property				
Damage	Address (Street, City, State,	Zip)	Name of Insurance Co.					
	2.20			Notes of Post of Paris of Pari				
				Nature and Extent of Damages and Estimate of Repair				
Insured Person	Name			Phone No. (Res)				
and	Address (Street, City, State, Zip)			Occupation	Age	☐ Married		
Injuries				Phone No. (Bus)		Single		
	Employers Name and Address			1				
	Did you provide or authorize							
	medical attention? ☐ Yes ☐ No			- L-1, 1-1, 1-1				
	Description of Injury							
	Where was the injured taken after accident?			Probable length of Disability				
Witnesses:	Name, Address, Phone Number							
	Name, Address, Phone Num	iber						
	Name, Address, Phone Number							
Date of	Signatur	re of League Official:		Position	ı in League			
Report:	SIDE FOR DIAGRAM AND A	NY OTHER INFORM	ATION OF IM	PORTANCE IN PER	ORTING THE ACCIDE	NT 🛹		
						ARTIS		

Applicable in Arizona

For your protection, Arizona law requires the following statement to appear on this form. Any person who knowingly presents a false or fraudulent claim for payment of a loss is subject to criminal and civil penalties.

Applicable in Arkansas, Delaware, District of Columbia, Kentucky, Louisiana, Maine, Michigan, New Jersey, New Mexico, New York, North Dakota, Pennsylvania, South Dakota, Tennessee, Texas, Virginia and West Virginia

Any person who knowingly and with intent to defraud any insurance company or another person, files a statement of claim containing any materially false information, or conceals for the purpose of misleading, information concerning any fact, material thereto, commits a fraudulent insurance act, which is a crime, subject to criminal prosecution and [NY: substantial] civil penalties. In DC, LA, ME, TN and VA, insurance benefits may also be denied.

Applicable in California

For your protection, California law requires the following to appear on this form: Any person who knowingly presents a false or fraudulent claim for payment of a loss is guilty of a crime and may be subject to fines and confinement in state prison.

Applicable in Colorado

It is unlawful to knowingly provide false, incomplete, or misleading facts or information to an insurance company for the purpose of defrauding or attempting to defraud the company. Penalties may include imprisonment, fines, denial of insurance, and civil damages. Any insurance company or agent of an insurance company who knowingly provides false, incomplete, or misleading facts or information to a policy holder or claimant for the purpose of defrauding or attempting to defraud the policy holder or claimant with regard to a settlement or award payable from insurance proceeds shall be reported to the Colorado Division of Insurance within the Department of Regulatory Agencies.

Applicable in Florida and Idaho

Any person who Knowingly and with the intent to injure, Defraud, or Deceive any Insurance Company Files a Statement of Claim Containing any False, Incomplete or Misleading information is Guilty of a Felony.*

* In Florida - Third Degree Felony

Applicable in Hawaii

For your protection, Hawaii law requires you to be informed that presenting a fraudulent claim for payment of a loss or benefit is a crime punishable by fines or imprisonment, or both.

Applicable in Indiana

A person who knowingly and with intent to defraud an insurer files a statement of claim containing any false, incomplete, or misleading information commits a felony.

Applicable in Minnesota

A person who files a claim with intent to defraud or helps commit a fraud against an insurer is guilty of a crime.

Applicable in Nevada

Pursuant to NRS 686A.291, any person who knowingly and willfully files a statement of claim that contains any false, incomplete or misleading information concerning a material fact is guilty of a felony.

Applicable in New Hampshire

Any person who, with purpose to injure, defraud or deceive any insurance company, files a statement of claim containing any false, incomplete or misleading information is subject to prosecution and punishment for insurance fraud, as provided in RSA 638:20.

Applicable in Ohio

Any person who, with intent to defraud or knowing that he/she is facilitating a fraud against an insurer, submits an application or files a claim containing a false or deceptive statement is guilty of insurance fraud.

Applicable in Oklahoma

WARNING: Any person who knowingly and with intent to injure, defraud or deceive any insurer, makes any claim for the proceeds of an insurance policy containing any false, incomplete or misleading information is guilty of a felony.

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Appendix F: Claim Form Instructions

Little League[®] Baseball & Softball CLAIM FORM INSTRUCTIONS



WARNING — It is important that parents/guardians and players note that: *Protective equipment cannot prevent all injuries a player might receive while participating in baseball/softball*.

To expedite league personnel's reporting of injuries, we have prepared guidelines to use as a checklist in completing reports. It will save time -- and speed your payment of claims.

The National Union Fire Insurance Company of Pittsburgh, Pa. (NUFIC) Accident Master Policy acquired through Little League[®] contains an "Excess Coverage Provision" whereby all personal and/or group insurance shall be used first.

The Accident Claim Form must be fully completed, including a Social Security Number, for processing. To help explain insurance coverage to parents/guardians refer to *What Parents Should Know* on the internet that should be reproduced on your league's letterhead and distributed to parents/guardians of all participants at registration time.

If injuries occur, initially it is necessary to determine whether claimant's parents/guardians or the claimant has other insurance such as group, employer, Blue Cross and Blue Shield, etc., which pays benefits. (This information should be obtained at the time of registration prior to tryouts.) If such coverage is provided, the claim must be filed first with the primary company under which the parent/guardian or claimant is insured.

When filing a claim, all medical costs should be fully itemized and forwarded to Little League International. If no other insurance is in effect, a letter from the parent/guardian or claimant's employer explaining the lack of group or employer insurance should accompany the claim form.

The NUFIC Accident Policy is acquired by leagues, not parents, and provides comprehensive coverage at an affordable cost. Accident coverage is underwritten by National Union Fire Insurance Company of Pittsburgh, a Pennsylvania Insurance company, with its principal place of business at 175 Water Street, 18th Floor, New York, NY 10038. It is currently authorized to transact business in all states and the District of Columbia. NAIC Number 19445. This is a brief description of the coverage available under the policy. The policy will contain limitations, exclusions, and termination provisions. Full details of the coverage are contained in the Policy. If there are any conflicts between this document and the Policy, the Policy shall govern.

The current insurance rates would not be possible without your help in stressing safety programs at the local level. The ASAP manual, **League Safety Officer Program Kit**, is recommended for use by your Safety Officer.

TREATMENT OF DENTAL INJURIES

Deferred Dental Treatment for claims or injuries occurring in 2002 and beyond: If the insured incurs injury to sound, natural teeth and necessary treatment requires that dental treatment for that injury must be postponed to a date more than 52 weeks after the date of the injury due to, but not limited to, the physiological changes occurring to an insured who is a growing child, we will pay the lesser of the maximum benefit of \$1,500.00 or the reasonable expense incurred for the deferred dental treatment. Reasonable expenses incurred for deferred dental treatment are only covered if they are incurred on or before the insured's 23rd birthday. Reasonable Expenses incurred for deferred root canal therapy are only covered if they are incurred within 104 weeks after the date the Injury is sustained.

CHECKLIST FOR PREPARING CLAIM FORM

- 1. Print or type all information.
- 2. Complete all portions of the claim form before mailing to our office.
- 3. Be sure to include league name and league ID number.

PART I - CLAIMANT, OR PARENT(S)/GUARDIAN(S), IF CLAIMANT IS A MINOR

- 1. The adult claimant or parent(s)/guardians(s) must sign this section, if the claimant is a minor.
- Give the name and address of the injured person, along with the name and address of the parent(s)/guardian(s), if claimant is a minor.
- Fill out all sections, including check marks in the appropriate boxes for all categories. Do not leave any section blank. This will cause a delay in processing your claim and a copy of the claim form will be returned to you for completion.
- It is mandatory to forward information on other insurance. Without that information there will be a delay in
 processing your claim. If no insurance, written verification from each parent/spouse employer must be
 submitted.
- Be certain all necessary papers are attached to the claim form. (See instruction 3.) Only itemized bills are acceptable.
- 6. On dental claims, it is necessary to submit charges to the major medical and dental insurance company of the claimant, or parent(s)/guardian(s) if claimant is a minor. "Accident-related treatment to whole, sound, natural teeth as a direct and independent result of an accident" must be stated on the form and bills. Please forward a copy of the insurance company's response to Little League International. Include the claimant's name, league ID, and year of the injury on the form.

PART II - LEAGUE STATEMENT

- 1. This section must be filled out, signed and dated by the league official.
- Fill out all sections, including check marks in the appropriate boxes for all categories. Do not leave any section blank. This will cause a delay in processing your claim and a copy of the claim form will be returned to you for completion.

IMPORTANT: Notification of a claim should be filed with Little League International within 20 days of the incident for the current season.

Appendix G: Injury Tracking/ Reporting Form

For Local League Use Only

Activities/R	eporting						s Program's king Report
League Name:		Leagu	ıe ID: -	. <u>-</u>	Incide	nt Date	e:
Field Name/Location							
Injured Person's Nan							
Address:				- Age:	s	ex: 🗆 l	Male □ Female
City:	S	State ZIF	o:	Home	Phone: ()	
Parent's Name (If Pla							
Parents' Address (If I				_ City _			
Incident occurred w	vhile participating in	1:					
A.) □ Baseball	□ Softball	☐ Challenger	□ TAD				
B.) □ Challenger	□ T-Ball	☐ Minor	□ Major		□ Intermed	liate (50	0/70)
☐ Junior	☐ Senior	☐ Big League					
C.) □ Tryout	☐ Practice	□ Game			□ Special		
☐ Travel to		•	e):				
Position/Role of pe	rson(s) involved in	incident:					
D.) □ Batter	☐ Baserunner	☐ Pitcher	☐ Catcher		☐ First Ba		
☐ Third	☐ Short Stop	☐ Left Field	☐ Center F		☐ Right Fi		
☐ Umpire	☐ Coach/Manager	·	☐ Voluntee	er	□ Otner: _		
Type of injury:							
Was first aid require	ed? □ Yes □ No If	ves. what:					
·		· · —	No Ifyon	ub ot:			
Was professional m (If yes, the player mu		-	-	_		a gar	ne or practice.)
Type of incident an							
A.) On Primary Playi			B.) Adjace	nt to Pla	avina Field	D) (Off Ball Field
	☐ Running <i>or</i> ☐ Sli	ding		ting Are		•	avel:
☐ Hit by Ball:	☐ Pitched or ☐ Th	rown <i>or</i> □ Batted	☐ Parl	king Are	а	□ Ca	ar <i>or</i> □ Bike <i>or</i>
☐ Collision with:	☐ Player <i>or</i> ☐ Str	ructure	C.) Conces	ssion Ar	ea	□W	alking
□ Grounds Defe	ct		□ Volunteer Worker		☐ League Activity		
☐ Other:			☐ Cus	tomer/B	ystander		ther:
Please give a short	description of incid	dent:					
Could this accident	: have been avoided	I? How:					
This form is for local Little potential safety hazards, i obtain as much informati- cident Insurance policy, p asap/AccidentClaimForm. policy or claims that may sets/forms_pubs/asap/GI	e League use only (should unsafe practices and/or to on as possible. For all Acc lease complete the Accid .pdf and send to Little Lea result in litigation, please	not be sent to Little Le o contribute positive id- ident claims or injuries ent Notification Claim f Igue International. For	eas in order to that could bec orm available a all other claims	improve l ome clair it http://v i to non-e	league safety. ' ns to any eligik www.littleleago ligible particip	When a ole parti ue.org// ants un	n accident occurs, cipant under the Ac Assets/forms_pubs/ der the Accident
Prepared By/Position	n:		PI	none Nu	ımber: () _	
Signature:			Da	ate:			

Appendix H: What Parents Should Know about Little League Insurance

It is suggested this memo should be reproduced on your league's letterhead over the signature of your president or safety officer and distributed to the parents of all participants at registration time.

WARNING: Protective equipment cannot prevent all injuries a player might receive while participating in Baseball / Softball.

WHAT PARENTS SHOULD KNOW ABOUT LITTLE LEAGUE® INSURANCE

The Little League Insurance Program is designed to afford protection to all participants at the most economical cost to the local league. The Little League Player Accident Policy is an excess coverage, accident only plan, to be used as a supplement to other insurance carried under a family policy or insurance provided by an employer. If there is no primary coverage, Little League insurance will provide benefits for eligible charges, up to Usual and Customary allowances for your area. A \$50 deductible applies for all claims, up to the maximum stated benefits.

This plan makes it possible to offer exceptional, affordable protection with assurance to parents that adequate coverage is in force for all chartered and insured Little League approved programs and events.

If your child sustains a covered injury while taking part in a scheduled Little League Baseball or Softball game or practice, here is how the insurance works:

- 1. The Little League Baseball and Softball accident notification form must be completed by parents (if the claimant is under 19 years of age) and a league official and forwarded directly to Little League Headquarters within 20 days after the accident. A photocopy of the form should be made and kept by the parent/claimant. Initial medical/dental treatment must be rendered within 30 days of the Little League accident.
- 2. Itemized bills, including description of service, date of service, procedure and diagnosis codes for medical services/ supplies and/or other documentation related to a claim for benefits are to be provided within 90 days after the accident. In no event shall such proof be furnished later than 12 months from the date the initial medical expense was incurred.
- 3. When other insurance is present, parents or claimant must forward copies of the Explanation of Benefits or Notice/ Letter of Denial for each charge directly to Little League International, even if the charges do not exceed the deductible of the primary insurance program.
- 4. Policy provides benefits for eligible medical expenses incurred within 52 weeks of the accident, subject to Excess Coverage and Exclusion provisions of the plan.
- 5. Limited deferred medical/dental benefits may be available for necessary treatment after the 52-week time limit when:
 (a) Deferred medical benefits apply when necessary treatment requiring the removal of a pin /plate, applied to transfix a bone in the year of injury, or scar tissue removal, after the 52-week time limit is required. The Company will pay the Reasonable Expense incurred, subject to the Policy's maximum limit of \$100,000 for any one injury to any one Insured. However, in no event will any benefit be paid under this provision for any expenses incurred more than 24 months from the date the injury was sustained.
 - (b) If the Insured incurs Injury, to sound, natural teeth and Necessary Treatment requires treatment for that Injury be postponed to a date more than 52 weeks after the injury due to, but not limited to, the physiological changes of a growing child, the Company will pay the lesser of: 1. A maximum of \$1,500 or 2. Reasonable Expenses incurred for the deferred dental treatment.

Reasonable Expenses incurred for deferred dental treatment are only covered if they are incurred on or before the Insured's 23rd birthday. Reasonable Expenses incurred for deferred root canal therapy are only covered if they are incurred within 104 weeks after the date the Injury occurs.

No payment will be made for deferred treatment unless the Physician submits written certification, within 52 weeks after the accident, that the treatment must be postponed for the above stated reasons. Benefits are payable subject to the Excess Coverage and the Exclusions provisions of the Policy.

We hope this brief summary has been helpful in providing a better understanding of the operation of the Little League insurance program.

Appendix I: Facility Repair & Safety Issue Reporting Form

	Reporting Instructions:						
	Complete the gray top section only. Email or send form to the ELL Safety Officer and/or Field Ops Coo to have problem resolved.						
	Reported By (Name):	Team Name & Level:	Date				
	Position with ELL (Check one)						
NOI	Ph No.	☐ Manager/Coach ☐ Umpire	Board Member Parent	REP			
SECI				ORTI			
TING	Facility/Field Name			NG SI			
REPORTING SECTION	racinty/Field Name			REPORTING SECTION			
≅	Describe Issue/Problem			Ž			
	(Clearly describe the Issue. Include a digital photo if possible. If pertinent, include where in the field this problem is located. Add brief explanation of what potential problems this issue could cause).						
	Issue/Problem Verified: Yes	No (Explain)					
N	If Yes - Priority Needed:			SA			
& FIELD OPS SECTION				SAFETY & FIELD OPS			
PS SF	(Priority 1 = Immediate $2 = < 1 \text{ wk}, 3 = > 1$	wk		₹ & E			
TDO				ELD			
& FIE	Actions Taken to Fix Problem (Inc	lude date problem was fixed)		OPS S			
SAFETY				SECT			
SAF				CTION			
	Reporter Notified Problem Fi	xed Completed by (Name):	Date:				